



The Newsletter of the Association for Child Psychoanalysis, Inc.

Spring Issue, 2012

Message from the President

Denia Barrett, M.S.W.

Lord save us all from a hope tree that has lost the faculty of putting out blossoms.
Attributed to Mark Twain

Keeping Hope Alive: Who Says an Ant Can't ?

Every child analysis must begin and end with hope. That hope is that pathways to ordinary, expectable progressive development – in a child and in a parent – can be made open and accessible through a mutual effort of exploration. The theme of our 2012 scientific meeting, *The Analytic Path to Progressive Development*, promises the opportunity to ask ourselves what is distinctive about child psychoanalysis, when is it the treatment of choice, what are our “best practices,” and how can we make treatment itself more accessible? The path toward progressive development of our own profession seems endangered to many and hope for the future can seem in short supply. One of the functions of our annual meeting is to remind

ourselves of our own worth so that we may return to our communities with renewed conviction and commitment, that is to say, with hope.



***The Yucca
State Flower of New Mexico***

Under the leadership of Sydney Anderson, the program committee has organized a rich clinical program that follows the longstanding tradition of offering in-depth accounts of child analysis in four Friday workshops and the Saturday plenary. In addition, the thoughtful choice of discussants and discussion group leaders assures that many points of view will be represented for consideration as we learn together from the work our colleagues have generously shared. Please take the time to seek out and thank the committee and the presenters for their hard work.

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A C P Newsletter

The Association for Child Psychoanalysis, Inc.

www.childanalysis.org

A non-profit tax-exempt 501(c3) organization founded in 1965

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Submissions

Submissions are most welcome. They should not be longer than 1000 words and should be e-mailed to the editor (mcolman@comcast.net) as an attached Microsoft Word file (*.doc). The deadline for submissions for the Fall edition is June 30th, and for the Spring Edition the deadline is January 31st.

Committees and Chairpersons

Awards: Paul Brinich, PhD & Leon Hoffman, MD
Child Analysis in Eastern Europe: Lilo Plaschkes, MSW
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Membership: Hélène Keable, MD & Charles Parks, PhD
Newsletter: Michael Colman, MD
Nominations: Susan Sherkow, MD
Program: Sydney Anderson, PhD
Study Groups & CE/CME: VanDyke DeGolia, MD

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Once again Tricia Hall, our administrator, and Ruth Karush have combined forces to make sure that the accommodations and social arrangements for the Santa Fe meeting are extraordinary. I encourage you to sign up for the excursion to visit the Bandelier National Monument where evidence of the vastness of our natural resources and the resourcefulness of the family of man over centuries can provide some perspective for the challenges we face today.

At a gathering of child therapists recently someone mentioned the upcoming meeting and someone else asked, "What is the ACP?" I was disheartened initially to realize that we have a long way to go to make ourselves more visible to others – not just to prospective patients but to others closely involved with children and families, and even to other analysts. This is an achievable goal, not high apple pie in the sky hopes, and it is one that we must work toward as individuals in our own communities and as an organization fully utilizing the opportunities of the worldwide web. I want to pass along a few suggestions that have come up at recent Executive Committee meetings: Include "Member, Association for Child Psychoanalysis" on your emails. Sponsor and bring someone from an allied profession to our meeting. Ask your institutes to not hold classes on the first weekend in May so that more colleagues, including the analysts of adults, can

attend the annual meeting.

But back to my story. Discouragement gave way to appreciation when a child analyst spoke up to say, "The ACP has the best meetings and the nicest people." I couldn't have said it better myself, and there are more superlatives to add: For those weary of the 2012 election cycle, ours is the shortest and friendliest – please get to know the candidates running for office currently (see pages 6 - 10) and participate via your vote. Consider running yourself or volunteering for a committee that interests you. It is fun to do ACP work with other nice people. For those providing analysis to children in need, we have a most helpful grants program to subsidize reduced fees. Regular and candidate members may apply. This resource remains unknown to many and I ask everyone to spread the word about the availability of funds. It has been a great honor and pleasure for me to serve the ACP as president over the past two years and I am thankful for the opportunity and all the help I received along the way. I began and now end my term with the same aim – to keep hope for the future alive and to encourage each of us to think about the things child and adolescent psychoanalysts *can* do. Oops there goes another rubber tree plant!

Denia Barrett, MSW
deniabarrett@gmail.com

Save the Date!

The second biennial Wise Child Symposium on Children's Literature and Psychoanalysis will be held on Saturday September 29, 2012 at the University of Pennsylvania. The theme of this year's symposium is *Picturing Childhood* and our guest writer/illustrator will be David Small.

Mr. Small has had a long career, mainly as an illustrator, but also as a writer of children's books. Along with his wife, the writer Sarah Stewart, he has illustrated many books, including Caldecott winner, *The Gardener*. More recently, in 2009, he moved into a new genre with the graphic memoir, *Stitches*, an autobiographical account of his difficult childhood, plagued by illness and lived within a family emotionally paralyzed by its secrets and traumas.

Panels will focus on Mr. Small's work as well as the work of

other writers and illustrators of children's literature. An international group of psychoanalysts and scholars will present papers on the clinical, literary, and theoretical aspects of pictures in children's literature.

The conference is presented under the auspices of The Psychoanalytic Center of Philadelphia and the University of Pennsylvania, within their collaboration on interdisciplinary topics, the Freud, Franklin and Beyond series. Additionally, it is supported by the Foundation of the Psychoanalytic Center of Philadelphia. This year, we are very pleased to announce our collaboration with *American Imago*.

Please mark the date on your calendar and plan to attend this rich, interdisciplinary symposium.

Elaine P. Zickler, PhD, LCSW
Psychoanalytic Center of Philadelphia

2012 ACP Award for Excellence

The Association for Child Psychoanalysis is pleased to announce that it has awarded the 2012 Award for Excellence to the Analytic Services to Adolescents Program (ASAP) at Morton Alternative High School. This award is given to a center or program exemplifying the highest level of service, training, outreach or research associated with the profession of Child Psychoanalysis.

The Analytic Services to Adolescents Project (ASAP) is a joint project of Morton Alternative High School in Cicero, Illinois, and the Chicago Institute for Psychoanalysis in downtown Chicago, Illinois. The central goal of the project, now in its sixth year of operation, is to foster the healthy psychological, social, and educational development of its high-risk student participants, with a specific focus of helping them to achieve graduation from high school. Also important is the goal of developing psychoanalytic methods which can be replicated at other public and private high schools, both in the Chicago metropolitan area and in other communities.

Morton Alternative High School begins each academic year with approximately 40-50 high-risk students and provides a traditional high school curriculum as well as group therapy. The students attending Morton have been expelled from their public high schools because of severe behavioral problems, are burdened with multiple internal and external problems, and have not, by definition, been effectively reached by any other interventions. These students know Morton is their "last stop" and that if they cannot "make it" at Morton, there is nowhere else for them to go.

To attain its goal of helping these adolescents progress psychologically, socially and academically, through a psychoanalytic perspective, the ASAP has five primary objectives. These are:

1) to provide eight to ten high-risk students at Morton Alternative High School with the oppor-

tunity to meet with two clinical social workers in individual psychoanalytic psychotherapy sessions once each week.

2) to provide an additional four high-risk students with individual treatment sessions with a second year graduate student in social work (Loyola University) currently doing field work under the weekly supervision of program staff.

3) to provide support as needed to the families of students receiving individual sessions, through in-person or telephone contact with the program's two clinical social workers.

4) to provide consultation to staff already seeing all students in once weekly group therapy as part of the curriculum.

5) to provide weekly consultation to Morton's six teachers, six staff members, and security personnel, so that they may better manage the stress and emotional demands of working with an intensely challenging adolescent population, and in this way enhance their ability to interact therapeutically with the students.

Through this comprehensive approach, the ASAP program strives to effect a community intervention which reaches beyond the individual students to provide powerful benefits for their teachers, their school community, their families, and the larger community as a whole.

In sum, the primary mission of the Analytic Service to Adolescents Program is to help students better understand the relationship between their personal history (often replete with trauma) and their underlying emotions in order to help them develop a capacity for self-observation and self-regulation which results in more adaptive social, personal, and academic skills. In providing comprehensive therapeutic services to adolescents in a "last stop" educational setting, the program seeks to reduce the risks of poor academic performance, substance abuse, and incarceration; to lessen vulnerability to affective disorders (particularly anxiety and depression); and to ameliorate the intense

Award for Excellence, continued on Page 5. . .

Award for Excellence, concluded from Page 4 . . .

distress associated with violence and trauma.

Overall, the project seeks to improve the psychological functioning, educational performance, likelihood of graduation and social behavior of these adolescents. The qualitative and, to a somewhat lesser degree, the quantitative data sets collected over the last five years of the project indicate that the program's services are having a life-altering, and at times, life-saving, impact on students at Morton Alternative High School.

Several publications have emerged from this very valuable project, including "The Plague of Bullying: In the Classroom, the Psychoanalytic Institute, and on the Streets," in *Psychoanalytic Inquiry*, by Mark D. Smaller, Ph.D., Founding Director of the Center.

The ASAP joins a string of remarkably distinguished recipients:

Engel Therapeutic Preschool, University of Alabama at Birmingham, AL (2010),

New School in the Heights, Houston, TX (2009),

Psychoanalytic Study of the Child, New Haven, CT (2008),

Anna Freud Centre Parent Toddler Program, London, UK (2007),

Allen Creek Preschool, Ann Arbor, MI (2006),

Pacella Parent Child Center, New York, NY (2005),

Hanna Perkins Center, Cleveland, OH (2004),

Lucy Daniels Center for Early Childhood, Cary, NC (2003).

We urge all members of the ACP to contact either of us, as Chairs of the ACP Awards Committee, to nominate programs worthy of this award.

Paul Brinich, Ph.D. (brinich@gmail.com)

Leon Hoffman, M.D. (hoffman.leon@gmail.com)



A Member's Outreach: A "Parenting Tips" Project

In the past, I talked with several local newspapers about writing a column on parenting. All agreed to publish my articles if I paid for the space, which was quite costly. So, I gave up on that idea. Then, last November, I met with my parish priest and informed him of my profession and my willingness to be of assistance to the church. He arranged a meeting for parents through the school principal and I was very pleased with the turnout. The format of the meeting was questions and answers with many expressing concern about bullying due to national coverage on this issue. I did my best to field their questions, but I later thought of additional information that might be helpful. So, I wrote an article on bullying and returned to Father Tim. In a meeting of church administrators, all agreed that a monthly Parenting Tips article in the bulletin was a great idea. In fact, the Parenting Tips would also be sent home in the school children's weekly folder.

My first Parenting Tips on Bullying article appeared in the church bulletin on 11/20/11. Following my trial run, I received much positive feedback from parents, grandparents, and educators, who were grateful for my advice. I have since written two more articles, one on sarcasm, and one on too many activities. The Parenting Tips now appear in seven church bulletins in six adjoining suburbs. They are also available in four preschool/daycare newsletters and three public libraries. And the project is still growing.

Parenting Tips Project, continued on Page 13 . . .

The Association for Child Psychoanalysis 2012 Election Biographical Information

The following biographical sketches were submitted by the candidates.

Candidates for President-Elect and Secretary-Elect

President-Elect and Secretary-Elect serve a two-year term (2012-2014). At the end of this term, the team will proceed to fill the position of President and Secretary and serve a two-year term (2014-2016). Only one of the following teams will be elected to the position of President-Elect and Secretary-Elect:

Susan P. Sherkow, M.D. (President-Elect) and Mali Mann, M.D. (Secretary-Elect)

Susan P. Sherkow, M.D.

Susan P. Sherkow, M.D. graduated from the New York Psychoanalytic Institute, where she trained in Adult and Child Psychoanalysis, and where she is a Supervising Analyst and Instructor in the Child and Adolescent Division. She is a Training and Supervising Analyst at the Berkshire Psychoanalytic Institute and is Chair of the Child Analysis Committee. Dr. Sherkow has been a member of the ACP for 20 years, where she previously served as Councilor and is presently Chair of the Nominating Committee. She has presented clinical cases at ACP Plenary sessions and workshops, in addition to having been a discussant. Over the past 25 years, Dr. Sherkow has published works in *JAPA*, *The Psychoanalytic Study of the Child*, and *Psychoanalytic Inquiry* on subjects including the psychoanalytic treatment of Autism Spectrum Disorder, infantile eating disorders, the diagnosis of sexual abuse in young children, and primal scene fantasies. She is co-Principal Investigator of a research study correlating children's play with early ego development. She is honored to have been awarded the Sam and Lucille Ritvo Lecture in 2010. Last but not least, Dr. Sherkow enjoys her role in working with candidates at the ACP in case-finding and case-building.



Mali Mann, M.D.

Mali Mann, M.D., is Training and Supervising Analyst as well as an Associate Supervisor of Child Analysis at the San Francisco Center for Psychoanalysis. She has a private practice in child, adolescent, and adult psychiatry and psychoanalysis in Palo Alto and San Francisco. Dr. Mann is an adjunct clinical associate professor at Stanford University School of Medicine, Department of Psychiatry and Behavioral Science where she serves as chair of the association of clinical faculty council. She teaches and supervises psychiatry residents and child fellows. Dr. Mann published several papers in the *American Journal of Psychoanalysis* including "Immigrant Parents and their Emigrant Adolescents: The Tension of Inner and Outer Worlds;" "Shame Veiled and Unveiled;" "Aggression in Children: Origins, Manifestation, and Management through Play" as a book chapter; and "The Formation and Development of Ethnic Identity." She has an interest in applied psychoanalysis, using principles of child psychoanalysis in day care centers and working with children of immigrant parents. Mali's community service takes her to Mexico as a member of Los Medicos Voladores (The Flying Doctors) where she visits orphans and assists the orphanage staff in a small village near Ensenada and Indio, California.



Biographical Election Information, continued on Page 7 . . .

Biographical Election Information, continued from Page 6 . . .

**Stephanie Smith, MA, MSW
(President-Elect)
and Sarah Knox, M.D.
(Secretary-Elect)**

Stephanie Smith, MA, MSW

Stephanie Smith is a Training and Supervising Adult and Child Analyst with the Boston Psychoanalytic Society and Institute, and also a faculty member with the PINE Psychoanalytic Center. She has been an active ACP member since



1982. Her current and past ACP participation includes three terms as Councilor to the ACP Executive Committee, and service on the Program, Membership, Nominating, and Liaison Committees. Ms. Smith was a plenary speaker at the ACP annual meeting, Washington, 1994, and presented on an ACP panel at the IPA Congress, Rio de Janeiro, 2005. She has often been a discussion group leader in the small breakout groups following the plenary address at the annual meetings of the ACP. Ms. Smith received her child analytic training from The Hampstead Clinic, graduating in 1979. She received her adult analytic training from The Boston Psychoanalytic Society and Institute, graduating in 1996. She has been a practicing psychoanalyst in full time private practice in Brookline, Massachusetts for many years. At BPSI, Ms. Smith is a Co-Chair, Child Analysis Committee; a BPSI Fellow, APsA Board of Professional Standards; serves as Chair, Development Sequence in the adult curriculum; and is a Co-Chair, BPSI Consultation Committee. At APsA, Ms. Smith serves as Chair, Committee on Preparedness and Progress; Member, Certification Advisory, Research and Develop-

ment Committee; and as Chair, CNTF Sponsoring Team for the Berkshires Institute. In addition, Ms. Smith is a Lecturer, Harvard Medical School and has been teaching and supervising in the Department of Psychiatry at The Cambridge Hospital since 1982.

Sarah Knox, M.D.

Dr. Knox is a Training and Supervising Adult and Child Analyst with the Cincinnati Psychoanalytic Institute. In 2006 she was elected to serve as Councilor on the Executive Committee of the ACP. Dr. Knox has presented in the Friday afternoon workshops of the ACP and often serves as a discussion leader in the small breakout groups following the plenary address at the annual meetings of the ACP. Dr. Knox received her medical degree and completed her residency and fellowship in adolescent and child psychiatry at the University of Cincinnati Medical School. She completed her adult psychoanalytic training at the Cincinnati Psychoanalytic Institute in 1990. In 2003 she graduated from the New Orleans Psychoanalytic Institute in Child Analysis. Currently Dr. Knox is in full-time private practice. She teaches and supervises for the Regional Consortium of Child Analysis as well as the Cincinnati Psychoanalytic Institute. She is serving her third three year term for the American Psychoanalytic Association on the Committee on Child and Adolescent Analysis. She is a Volunteer Assistant Professor of Psychiatry at the University of Cincinnati Medical School. Dr. Knox is a past chair of Child Analysis for the Cincinnati Psychoanalytic Institute.



Biographical Election Information, continued on Page 8 . . .

Candidates for Treasurer-Elect (1 position open)

Treasurer-Elect serves a two-year term (2012-2014). At the end of this term, the elected individual will proceed to fill the position of Treasurer and serve a two-year term (2014-2016). Only one of the following candidates will be elected to the position of Treasurer-Elect:

Arthur Farley, M.D.

Dr. Farley is presently Chairman of the Board of The New Middle School, a psychoanalytic therapeutic school. Formerly, he served as President of the Board and Medical Director of The Harris School of the Houston Galveston Psychoanalytic Institute. He was a former Treasurer of the Houston Galveston Psychoanalytic Institute. He is a supervising child/adolescent analyst and has served as a member of the American Psychoanalytic Association's Committee on Child/Adolescent Analysis. He is well suited and understands the importance of both fiscal and fiduciary responsibility. Dr. Farley has previously served as Treasurer for the ACP, his last term ended in May 2010.

**Robin L. Turner, MSW, Psy.D.**

Dr. Robin Turner, a 1979 graduate of The Anna Freud Centre in Hampstead, England in child and adolescent psychoanalysis, completed her adult psychoanalytic training at the St. Louis Psychoanalytic Institute in 1995. She is a practicing child, adolescent, and adult psychoanalyst and psychotherapist, and a training and supervising analyst in adult psychoanalysis. Current Pres-

ident of the St. Louis Psychoanalytic Institute, Dr. Turner also served as Vice President from 2008-2010. She directed the Child Development Program from 1994-2002, and is a member of the teaching faculty, a past treasurer and chair of the Child Study Group, and Course Master for the Parent-Infant Observation class. She has also served on the Institute's Budget and Finance, Patient and Colleague, Curriculum, Education and Child Analytic Committees, and is past secretary of both the Education and Child Analytic Committees. She has created outreach programs at both Washington University and St. Louis University Department of Psychiatry. Dr. Turner joined the Association of Child Psychoanalysis in 1982, where she has been an active member, serving on the Membership Committee and as Councilor (1999-2002). She is a member of the International Psychoanalytic Association and the American Psychoanalytic Association, and in the late 1990's she served on its Membership Committee. Currently, Dr. Turner is a fellow to the Board of Professional Standards of the American. The ACP has played a vital role in Dr. Turner's life, a place she feels is "home." She would love to continue as an active participant and contribute to furthering its goals.

**Candidates for Councilors (3 positions open)**

Councilors serve a three-year term (2012-2015). Only three of the following candidates will be elected to the positions of Councilors:

Theodore Fallon, M.D.

Theodore Fallon, M.D., M.P.H. has a full time private practice in child and adult psychoanalysis, psychotherapy and forensics in rural Chester Springs, Pennsylvania. He is Co-Chair of the Child Psychoanalytic Training Programs at

the Psychoanalytic Center of Philadelphia, and Clinical Associate Professor at Drexel College of Medicine. He teaches extensively, supervises residents and employs psychoanalytic principles using narrative writing to help medical students in their professional development. Dr. Fallon was

Biographical Election Information, continued from Page 8 . . .

trained at the Yale Child Study Center, Western New England Institute for Psychoanalysis, and the Psychoanalytic Center of Philadelphia. He has been involved in research throughout his career including exploration of the development of Object Constancy in the Psychoanalytic Process, has worked with Henri Parens on parenting in adolescent mothers, is a contributor to the Psychodynamic Diagnostic Manual and the Psychoanalytic Glossary, carried out projects in Child Psychiatric Epidemiology and Health Service Research, and has provided guidance to local, state, and national mental health and juvenile justice entities.



Kelly Hill, M.D.

Kelly K. Hill, M.D. is an adult and child psychiatrist at the University of Kentucky Medical Center in Lexington, Kentucky. She is a graduate from the Cincinnati Psychoanalytic Institute in both adult and child psychoanalytic training programs. Currently she is the Medical Director of the University of Kentucky Adolescent Psychiatric Inpatient Unit. In addition, she works analytically with outpatients of all ages. In the past she has published over 20 articles and four book chapters related to the biological features and treatments of Eating Disorders, which can be found in nonanalytic journals. She is very involved in the teaching and training of the Child-Fellows.



Jill Miller, Ph.D.

Jill M. Miller, Ph.D. is a child, adolescent, and adult analyst in private practice in Denver, Colorado. She did her child and adolescent psychoanalytic training at the Anna Freud Centre in London, her Ph.D. at University College

London, and her adult analytic training at the Denver Institute for Psychoanalysis. Dr. Miller is a Clinical Professor of Psychiatry at the University of Colorado Medical School, a Training and Supervising Analyst at the Denver Institute, and a Supervising Analyst for child and adolescent candidates in Denver, San Francisco, Seattle, and Los Angeles. She has presented and published numerous papers on such topics as a historical reflection on the work of Anna Freud, children's development of insight, analytic work with learning disabled children, the mind of the child analyst, the analyst as a developmental object, and other issues related to child analytic technique, as well as co-editing a book with Dr. Carla Neely titled *The Psychoanalytic Work of Hansi Kennedy: From War Nurseries to the Anna Freud Centre*. Dr. Miller has been an active member of the ACP since 1990, serving on a number of committees and as Secretary of the organization.



Laurie Orgel, M.D.

Laurie S. Orgel, M.D. is a child and adult psychiatrist and psychoanalyst in private practice in Baltimore, MD where she has worked for 25 years. She was the consulting psychiatrist at Towson University and the co-director of the Therapeutic Pre-school at the Sheppard Pratt Hospital in Baltimore. In addition to her clinical work, she has taught courses on Child Development, Psychoanalytic Theory and Technique with Children and Adolescents, and Child Continuous Case Conferences at the Baltimore-Washing-



Biographical Election Information, continued on Page 10 . . .

Biographical Election Information, concluded from Page 9 . . .

ton Institute for Psychoanalysis, where she is a Senior Teaching Analyst and an Associate Child Supervising Analyst. She presented a continuous case to the Female Sexual Development Discussion Group at the winter meetings of the American Psychoanalytic Association. For five years she ran the well-received Saltz Child Seminar/Workshop on topics including *When a Parent Goes to War*, *The Legacy of Trauma*, *New Approaches to Working with Parents*, and *The Development of Sexual Orientation*. Dr. Orgel is the Secretary of the Baltimore-Washington Psychoanalytic Institute, and the co-director of the Institute's Child Fellowship Program. She has taught Child Development, Child Psychotherapy Technique, and currently supervises psychiatry residents in the Sheppard Pratt Hospital/University of Maryland program. She served on the Council of the Maryland Psychiatric Society, and she is a Distinguished Fellow of the American Psychiatric Association.

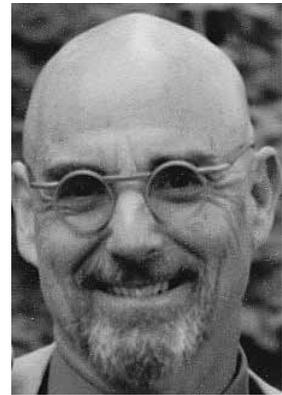
Anita Saunders, Ph.D.

Anita Saunders, Ph.D. works with children, adolescents, and their parents in Los Angeles, California. For over 20 years she has been on the board of the Los Angeles Child Development Center. She ran the Elementary and Preschool program for the Center for 14 years and she is now heading the Program Committee where she supervises the clinicians working in the Center's three school-based counseling programs. She is on the board of the Center for Reflective Parenting in Los Angeles. Dr. Saunders has taught at UCLA, USC and the Reiss-Davis Child Study Center. She will be teaching a course in the Psychoanalytic Psychotherapy Program of the New Center for Psychoanalysis. She is a member of the Child Analytic Committee at the NCP in Los Angeles.



Jonathan Sugar, M.D.

Jonathan Sugar, M.D. is a physician/psychoanalyst working with children, adolescents, and adults. Currently, he chairs the Michigan Psychoanalytic Institute's Continuing Medical Education Committee, is Director of the MPI's child psychotherapy educational program, and directs and teaches in the Psychodynamic Psychotherapy program in the University of Michigan Department of Psychiatry's residency program. Following his residencies in general and child psychiatry at Massachusetts General Hospital, he did fellowship research in social/medical anthropology at Harvard's Department of Social Medicine, where his areas of interest were the psychiatric and emotional consequences of economic development in developing countries, and identity formation of international adoptees and families. From Boston, he and his family moved to Ann Arbor, where he directed the Liaison Psychiatry service at the University's children's hospital, and later became training director in child psychiatry. He left full time academics in 1995 to pursue his child and adult analytic training and private practice. He has served on the Institute's Admissions, Curriculum, Educational, Library, Liaison, and Scholarship committees. His current areas of interest include focusing on evolving analytic theory and technique as it relates to the understanding and treatment of children, melding affective neuroscience with psychoanalytic developmental theory, and in developing effective pedagogy aimed at teaching clinical professionals working with individuals throughout the life span. He enjoys his family, fitness and endurance athletics, bicycling and motorcycling, along with reading fiction, graphic novels, current events, and his (now two) dogs.



ART (Alternative Reproductive Technology)

During the past forty years, four million babies have been born through the effects of Alternative Reproductive Technology (ART). For the past eight years, an ongoing workshop exploring ART and its effects has been part of the program of the APsaA. We study the impact on parents, children and adolescents involved in ART procedures.

In an era when children come from multiple homes and have multiple care givers, the special psychological challenge of parenting children who are conceived through ART has never been in greater need of examination. It can bear a multifaceted burden on personal autonomy and multiple nurturers and their impact on children. We want to explore:

1. The process of reconstructing families in the post modern era.
2. What factors contribute to successful parenting and what are the factors that cause maladaptive parenting?
3. What are the factors that impact a secure attachment of these children?
4. What are the developmental and emotional implications of ART?

There are also ethical and legal issues related to these important issues. For instance the disclosure or non-disclosure to children of the use of donor sperm, donor eggs or surrogate wombs are critical topics. How the object representations of father and mother shape in the mind of children are the work of future research in child development and psychoanalysis.

In a recent discussion group on the topic of ART, we used a contemporary movie *The Kids are Alright* to address some of these questions. For instance in the movie:

How does the gay couple deal with the absent father roles and if they are aware of the importance of emotional and developmental aspects of

their 15 year old adolescent?

Lazer, a 15 year old adolescent boy, becomes curious about his biological parents. He asks his 18 year old sister to help him contact the sperm bank to track down his biological father. Although Joni was reluctant at first, she did contact the sperm bank. It is interesting to see how Joni's impending departure for college causes a looming crisis for her brother.

Paul, the sperm donor played by Mark Ruffalo, enters the story. Paul is smitten by these two healthy, talented and bright children who fortuitously entered his life. He is unattached and suddenly at this stage of his life, he realizes that he wants to settle down.

So, we see in this movie that the gay couple is challenged not knowing how to maintain the boundary, facing a sudden change in their multiple parents' family life structure while totally unprepared and unexpected.

This is the story about a sperm donor who filled the role of a father only for a very brief period in the summer before Joni leaves for college. This movie depicts a portrayal of the post modern family and their emotional difficulty facing challenges of a particular kind of parenting.

The formation of alternative family structure among those who use ART is an area of great interest. We as psychoanalysts, especially child analysts, ought to keep an open mind to the evolving role of family structure in the object relation.

Mali Mann, M.D.

A Letter From Amsterdam

The following is Part 2 of a letter written by Dr. Sjef Teuns, of Amsterdam. In Part 1, he reminisced about Dr. Anny Katan, and her visit to The Hague in 1935 to help colleagues and others from Vienna find safe passage to the Americas, as well as her development of treatment of young children via their parents.

At that time there were already many German refugees in The Netherlands. Among them was Dr. Med. Karl Landauer, who had been the founder of the Psa. Volksklinik in Frankfurt a.M. It had been the ideal of S. Freud and the early psychoanalysts that psychoanalysis should become an instrument, a treatment available to every one, just as one wishes now for all young children who need it.

After WW I (1918) two such “psychoanalytic treatment centers” were started in Germany: the famous “Volks psa. Klinik” in Berlin, where Karl Abraham became director (1919-1933 (sic) and Karl Landauer’s initiative. Already before the Shoah (Holocaust), Jewish intellectuals had to flee from central Europe, long before the tragic Kristallnacht, Nov. 9-10, 1938. After arriving in The Hague, Karl Landauer started the first psychoanalytic training course in The Netherlands with Maurits Katan, long before Jeanne Lampl-De Groot tried to do the same in Amsterdam. Others included Dr. René de Monchy (my training analyst), who came back from Stockholm in 1946, where he had started the Swedish Institute for Psychoanalysis in 1934 (Sweden was not occupied by the Nazis during WW II); Simon Weyl, M.D., who survived as a “boat refugee” on May 14th, 1940, when Rotterdam, where he lived and worked at that time, was bombed by Hitler’s Wehrmacht. He was able to start a “sound life” on the so-called “psychoanalytic block” in

NYC, East 86th - 96th Street, and he became a member of the American Psychoanalytic Association. Thanks to him – he became my father in law in 1954 – I know the history of the APsAA very well, as well as that of the ACP.

I first worked in forensic psychiatry for adults and youngsters – which was very fruitful – and was then appointed lecturer and therapist at the Leyden pediatric department of the university hospital. Leyden and The Hague are within the same region, and Sigmund Freud used to come there as a regular lecturer at the Jelgersma psychiatric hospital, a part of the university.

From the beginning of his pediatric practice at Leyden University Prof. Henk Veeneklaas, whose psychoanalytic co-worker I was to become soon, had as his ideal: “All diseases, especially children’s diseases, are three dimensional: somatic (biological), psychological and social”. His SPS formula became famous all over the world. Therefore he himself went into psychoanalysis and took a sabbatical trip to the major child psychoanalytic centers of the UK and USA, which had flourished there since the big exodus of European analysts including Anna Freud and Anny Katan, child and later life cycle analysts Margaret Mahler, Melanie Klein, Ernst and Marianne Kris, Edward and Grete Bibring, Peter Neubauer, and Heyman van Dam.

Of course there were also, if we concentrate on child psychoanalysis, great pioneers in America itself and in London. Like Reginald Lourie from the Children’s Hospital in Washington, D.C., Donald Winnicott at Paddington Hospital, London, James and Joyce Robertson at the Tavistock Clinic, London, and so on. This often provided for a fruitful cross-pollination, as exemplified by the Yale Child Study Center.

Thanks to my colleagues, René de Monchy

A Letter from Amsterdam, continued on Page 13 . . .

A Letter from Amsterdam, concluded from Page 12 . . .

and Henk Veeneklaas, I decided to make a similar sabbatical trip to all these child development centers in 1962. During these visits I decided, in addition to my regular Dutch psychoanalytic training, to take a child analytic training course in London, 1962-1965, at that time the Mecca of psychoanalysis in the world.

After these experiences I felt ready and able to start a child analytic training center myself. I got the impetus to do so from Anna Freud during a lunch to which she had invited me. "It is a great pity," she said, "that child psychoanalysis has disappeared from the continent of Europe, where it started thanks to the encouragements of my father. Read his preface to August Aichhorn's book *Verwahrloste Jugend*, (*Wayward Youth*), 1925. You are now in an excellent position to make a bridgehead in Leyden, for the reintroduction of child psychoanalysis on the continent. You already have three pillars in place: your own training and experience; The Hague School with the oldest tradition in The Netherlands; and the cooperation of an excellent pediatric ward under the guidance of our colleague Prof. Henk Veeneklaas. A fourth

pillar could become our Hampstead Clinic, with the help of some of the staff members, who are also IPA members like myself. I will come to Leyden and The Hague with pleasure, for example for an opening symposium. Students from all over Europe could come to your place, a new institute." Dr. Anny proposed that the topic of the opening symposium should be "Psychoanalysis for Under-fives."

The opening ceremony of the Leyden Institute for Child Psychotherapy took place in June 1965. The speakers were Anna Freud, Anny Katan and Eva Landauer, daughter of Karl Landauer. That autumn a very fruitful period started with the five year course on child psychoanalysis at the Leyden Institute for Child Psychotherapy, where we also opened three small nursery schools, two for very disturbed toddlers and one for young, blind children.

Psychoanalysis, and especially the training of new generations of child analysts, shall continue as long as millions of young children are in great need of help.

Sjef Teuns, M.D.

A Member's Outreach: A Parenting Tips Project, concluded from Page 5 . . .

On 2/20/12, a local TV anchor interviewed me about the "Parenting Tips in Church Bulletins Project." His take was this: "Parents go to church to pray for their families and some go home with an added bonus -- Parenting Tips in the church bulletin." When this news segment airs, I hope additional churches will request my Parenting Tips.

If you are considering replicating this service, I have some advice for you. First and foremost, establish a relationship with a high profile priest, rabbi, or minister. It was very helpful to have Father Tim's stamp of approval on my project. "Ohh, so Father Tim likes this project. Well, let me take a look."

When writing the Parenting Tips choose timely subjects and make them succinct. Often there isn't much free space in church bulletins. When there isn't any room, suggest putting the Tips in the church newsletter, on their website, or make hand-outs available at designated locations mentioned in the newsletter. Also, put your Parenting Tips on your own website and welcome any opportunity for publicity. Be sure to electronically copyright your written material by going to <https://eco.copyright.gov> and follow the online directions.

Vicki Todd

The 2012 Annual Meeting of the ACP in Santa Fe

Join us at the upcoming ACP annual Meeting, which will take place from May 4 - 6, 2012, at the Inn and Spa at Loretto in Santa Fe, New Mexico. The topic for the meeting is: *The Analytic Path to Progressive Development*. The program will also feature Paul Brinich, Ph.D., this year's Marianne Kris Lecturer, as well as an optional visit to Bandelier National Monument. This year, there will be a Sunday afternoon extension program on *Restoring Progressive Development in a Severely Traumatized Boy*.

The Inn and Spa at Loretto, well known for effortlessly blending old-world charm with world-class splendor, is a Santa Fe luxury hotel and one of the state's most photographed buildings. Built at the end of the historic Old Santa Fe Trail high in the spectacular Sangre de Cristo Mountains, the Inn and Spa at Loretto is an architectural recreation of the Taos Pueblo, a national historic landmark.



Due to the popularity of this year's meeting, the Loretto [(505) 988-5531] is currently keeping a waiting list for hotel room reservations. Two other hotels, The La Fonda hotel [(505) 982-5511] and the Hotel St. Francis [(505) 992-5858] are currently taking reservations and are less than three blocks away from the Loretto Hotel. In order to receive the group rate, reservations must be made by April 6, 2012 at the Loretto or April 19, 2012 at the La Fonda and Hotel St. Francis.

More information about hotels has been included with the Annual Meeting registration materials.



On Saturday afternoon, May 5th there will be an organized guided tour of Bandelier National Monument. The Monument protects over 33,000 acres of rugged but beautiful canyon and mesa country as well as evidence of a human presence here going back over 11,000 years. Petroglyphs, dwellings carved into soft rock cliffs, and standing masonry walls stand tribute to the early days of a culture that still survives in the surrounding communities. ACP members will have the opportunity to ride as a group by bus to Bandelier and participate in a guided walking tour.

There are many fine restaurants in Santa Fe and we are putting together a list for the dining pleasure of registrants of the meeting. Those seeking dinner partners may sign up on-site to join a group of colleagues.

Registration materials have been mailed. This annual meeting promises to be one of the very best as we return to Santa Fe in 2012, and we hope that you will attend.

***Tricia Hall, CAE, CMP
ACP Administrator***

Association for Child Psychoanalysis

**2012 Annual Meeting
May 4 - May 6, 2012**

Hotel Information

Due to the popularity of the ACP 2012 Annual Meeting, additional hotels are available for reservations.

Headquarters Hotel:

Inn and Spa at Loretto, Santa Fe

Additional Rooms Available at:

La Fonda Hotel on the Plaza

Hotel St. Francis (Heritage Hotels & Resorts)



**100 E. San Francisco Street
Santa Fe, New Mexico 87501**
(1.5 blocks - 3 minute walk to Loretto)
www.lafondasantafe.com

Room Rate: \$179.00
Single/Double Occupancy
(plus applicable taxes)

Make Your Hotel Reservation Now
(505) 982-5511 or (800) 523-5002
and choose option #1

Deadline for reservations is April 19, 2012



**211 Old Santa Fe Trail
Santa Fe, New Mexico 87501**
www.innatloretto.com

Room Rate: \$165.00
Single/Double Occupancy
(plus applicable taxes)

(505) 988-5531 or (866) 582-1646

The Loretto is accepting names on their waiting list.



**210 Don Gaspar Avenue
Santa Fe, New Mexico 87501**
(2.5 blocks - 5 minute walk to Loretto)
www.hotelstfrancis.com

Room Rate: \$129.00
Single/Double Occupancy
(plus applicable taxes)

Make Your Hotel Reservation Now
505-992-5858

Deadline for reservations is April 19, 2012

IMPORTANT

Be sure to let the hotels know you are with the "ACP" to receive the **discounted group rate.**

Transportation Information

The Albuquerque International Airport is about 60 miles from Santa Fe. The Santa Fe Municipal Airport is about 9 miles from the Santa Fe Plaza. There are only a few flights to and from Santa Fe through American Eagle, operated by American Airlines. Ground Transportation is available by shuttle, taxi and rental car. Please consult the Annual Meeting registration materials that were mailed for more information about transportation options.

**42nd ANNUAL MARGARET S. MAHLER SYMPOSIUM
ON CHILD DEVELOPMENT**

**Saturday, March 26, 2011
Thomas Jefferson University, Philadelphia, PA**

**ATTACHMENT, SEPARATION, AND LOSS:
DEVELOPMENTAL, SOCIOCULTURAL, AND CLINICAL PERSPECTIVES**

**A summarized report
by M. Hossein Etezady, M.D.**

The first of the day's three papers was delivered by Anni Bergman. It was titled "Attachment and Separation - Individuation: Two Ways of Looking at the Mother-Infant Relationship."

Bergman described the early development of two sisters who were observed at the Master's Children Center in New York, using both theories of attachment and separation-individuation to show how they each provide valuable insight in how the sense of self is developed in the context of the mother-infant relationship.

The changes that occur during the first two years of life are unique and lay the groundwork for the development of the inner world and the ability to share it with others. Understanding others is a lifelong process as a task, need, and pleasure.

Mahler's research was grounded on psychodynamic theory, aiming at the understanding of the mother-infant relationship, as it developed over time. In contrast, attachment theory is not developmental. It evaluates the nature of attachment at a specific age. While separation-individuation focuses on a process, attachment focuses on the result of the process. Attachment theory starts with a presumed sense of self separate from the other, while a separate sense of self is the outcome of the process of separation-individuation.

The second presentation of the day, Alexandra Harrison's innovative paper was titled "Parent Child Treatment: Searching for a Lost Mother."

She noted that Mahler was among the first to use videotaping to document her observations. Videotape technique allows for insight and greater clinical effectiveness by making it possible to see what cannot be remembered. Microanalysis of the videotape extends this benefit by allowing one to see simultaneously multiple layers and their associated meanings.

"Polysemic Bundles" represent meaning making process involving language, symbolic play, facial expressions and body movement, neurotransmission and cell biology all at once, at one point in time. They stress the nonverbal type of meaning-making ordinarily outside the sphere of psychoanalytic theory and technique. Microanalysis of videotape can enhance our understanding of what goes on in psychotherapy and therapeutic technique. She detailed parts from several sessions on videotape to identify moments of attunement and mutual attempts at repairing disruptions. Sharing the observations with the mother helped her understanding of her child's play and emotional states. It also helped her to recall affect-laden experiences in her own childhood. It could be seen that both mother and child were struggling with loss, organized by the fantasy of an idealized good mother. Mother unconsciously joined the child's fantasy of searching for a lost mother. Mother doubted her own ability to be a good mother and this influenced her withdrawal when her son rejected her. By moving into this role in an idealizing transference the therapist identifies moments of empathic connection between them, one step

Mahler Symposium, Continued on Page 17 . . .

Mahler Symposium, Concluded from Page 16 . . .

at a time, towards the recognition that they can find a good mother, and a solution to their inner sense of loss, within their own relationship.

With videotapes it is possible to recreate the accurate unfolding of events and review them multiple times to correct misunderstandings or to recapture unclear words or subtle gestures. Microanalyzing the videotape data can uncover coordinated rhythms of vocalization and action that have meaning in themselves but also contribute to other meaning at different levels and modes of communication. Putting together the interactive process involved in minutes, hours, and days, with a process that scrutinizes split seconds, produces an integrated picture of how change takes place in organized patterns, with features that are common yet unique in their variations. As illustrated in the highly coordinated rhythms between this mother and her child, at the moments of emerging new meanings, the micro-process adds the music to the words.

The third and last presentation of the day was by Anna Ornstein titled "Childhood Losses, Adult Memories." It described contents of a 1951 article from *The Psychoanalytic Study of the Child* on a careful study of the Terezin Children, by Sophie Dann and Anna Freud. These six children were separated from their families and placed in a concentration camp before they were one year old. Four of the six were separated from their families after birth. While under care in Nursery, they showed unusual sensitivity to each others' needs and wishes and none of them tried to take a dominating role. Their attachment to each other was such that they could not be separated from each other, even briefly.

Compared to family-raised children, these children showed remarkably little jealousy or rivalry. Handing food to others was more important than feeding themselves. Here Ornstein noted that when there is no attachment to an adult there is no sibling rivalry. Other children become potential rivals only after the child has become attached to the caretaker. These children were suspicious of adults and showered them with

insults, especially when their demands were not met. Rather than withdrawn or depressed, they became assertive and turned to their own body for comfort. This compares to Harlow's motherless monkeys who made significant progress after being placed with peers who had been mothered normally, and showed no progress when placed with peers raised without a mother.

Sarah Moskowitz interviewed Terezin children 32-34 years later. Common features among them related to their common past. They all made satisfactory long term adjustments, were dedicated to a cause and would not give up, wanted more in their own life and wanted to help others. These successful life histories bring many of our theoretical assumptions about development and resiliency into question. Describing the contributions of selfobjects in development, as in treatment, Ornstein attributed the strengths of Terezin children to their ability to extract developmentally needed responses from the environment and to make the best of what was available. This confirms that the psyche remains an open system and continues to use such responses for belated structure building. Related to this possibility of belated structure building is Emde's work which presents evidence that positive emotions activate and guide behavior. They are separately organized from negative emotions and are often associated with incentive emotions. Similarly, Folkman and Moskowitz found that positive affect can occur with distress and this can increase cognitive and emotional flexibility. These findings give support to Kohut's observation that neurotic difficulties do not necessarily interfere with living a productive and creative life.

M. Hossein Etezady, M.D.

The Rieger Award

The annual Norbert and Charlotte Rieger Psychodynamic Psychotherapy Award recognizes the best published (within the last three years) or unpublished paper, written by a member of the American Academy of Child and Adolescent Psychiatry (AACAP). This annual \$4500 prize offers the author an honors presentation at the October meeting of AACAP. Several winning papers were submitted by ACP members (Rachel Seidel, Rex McGeehee, H  l  ne Keable) who, with Rachel Ritvo (rzmrd@comcast.net) or myself (MNDonson@aol.com), will offer assistance to anyone who plans a submission or re-submission.

A psychodynamic framework is required which presents clinical material demonstrating the inner life of an infant, child, or adolescent. Material may be drawn from clinical practice or from clinical research to illustrate a therapeutic idea or hypothesis. Submissions will be accepted at all levels of experience and from all areas of practice, and should include a DSM diagnosis, a focused literature review of current psychiatric and psychoanalytic literature, and a title. Additional information may be accessed via AACAP's Psychotherapy Committee Bibliography website: http://www.aacap.org/cs/root/member_information/practice_information/psychodynamic_readings_for_residents_or_fellows

Submission deadline is April 30, 2012. Submissions should be sent to AACAP Department of Clinical Practice at clinical@aacap.org

Instructions for Authors

The paper should be no longer than 30 pages, double spaced, and should include a case or cases which were treated in psychodynamic psychotherapy or psychoanalysis. The paper should demonstrate an understanding of the inner experience of the child and the use of the analyst/therapist-patient relationship as a vehicle for change. It should report signs and symptoms to facilitate locating this case within the descriptive criteria of the DSM to allow comparison with reports and

studies in the psychiatric literature; and include a focused literature review of pertinent, current child and adolescent psychiatric writings.

Criteria Used by the Judges

Is the paper psychodynamic? Psychodynamic features could include psychodynamic formulation, unconscious mental process, internal object representations, intrapsychic conflict, defense mechanisms, multiple determination of symptoms, transference and counter-transference.

Do the clinical observations demonstrate the inner life of the child and a view into the mind of the therapist?

Level of Scholarship: the general quality and relevance of the supporting evidence for the arguments. Is the paper supported by a focused review of the relevant psychiatric literature? Is the DSM IV-TR diagnosis discussed either as a specific diagnosis or a differential diagnosis?

In terms of utility: Is the paper useful to the practitioner? Is the paper useful for teaching? Does the paper make a contribution to the development of research?

Originality: How original is the thesis or hypothesis? How well does the clinical material illustrate the hypothesis?

Quality of the writing:

Persuasiveness: has the author offered a compelling presentation of his/her ideas?

Clarity of presentation: does the paper set out its aims and achieve them in a clear and well-focused manner? Is the paper readable?

Is this paper, in your opinion, worthy of the prize: Why? Why not?

For further information, go to

<http://www.aacap.org/cs/awards/riegerpsychotherapy>

Nathaniel Donson, M.D.
Chair ACP Liaison Committee

Welcome New Members !

The following individuals have been sponsored for membership and have accepted their invitations to join the ACP. We are happy to welcome these new members and look forward to others in the process of joining us soon.

Candidate Members

Lorrie Chopra, M.S.
Erika Homann, Ph.D.
Andrew Lagomasino, M.D.
Janet Madigan, M.D.
Alex Maryles, D.Psych.
Esther Savitz, LCSW

Sponsors

Ivan Sherick, Ph.D. and Michael Singer, Ph.D.
Jack Novick, Ph.D. and Kerry Kelly Novick
Sydney Anderson, Ph.D. and Lee Ascherman, M.D.
Anita Schmukler, D.O. and Judith Yanof, M.D.
Ruth Hall, M.A. and Carl Tuss, LISW, LPCC, LICDC
Kerry Kelly Novick and Katharine Rees, Ph.D.

Regular Members

Meryl Berlin, Ph.D.
Peter Brundl, Ph.D.
Kelly Hill, M.D.
Paul Marcus, Ph.D.
Daniel Prezant, Ph.D.
Nancie Senet, Ph.D.
Ann Smolen, Ph.D.
Nathan Szajnberg, M.D.
Deborah Tucker, LMSW, ACSW

Sponsors

Jack Novick, Ph.D. and Kerry Kelly Novick
Jack Novick, Ph.D. and Kerry Kelly Novick
Sam Rubin, M.D. and Anita Schmukler, D.O.
Jack Novick, Ph.D. and Kerry Kelly Novick
Philip Herschenfeld, M.D. and Ruth Karush, M.D.
Jack Novick, Ph.D. and Kerry Kelly Novick
Ruth Fischer, M.D. and DeWitt Montgomery, M.D.
Jack Novick, Ph.D. and Kerry Kelly Novick
Jack Novick, Ph.D. and Kerry Kelly Novick

Please note: These members were invited to join the ACP after the conclusion of the previous six-week spring comment period October 10 – November 21, 2011.

The next comment period will include applications sent in after November 2011 and is scheduled for March 2 – April 13, 2012.

In Memoriam

We are very sad to announce the following ACP members have passed away:

Elsie Broussard, M.D.
Pittsburgh, PA

Louise Kaplan
New York, NY

Gisela Schwab, M.D.
Stuttgart, Germany

* This updated list is based on notifications received since the last ACP Newsletter (Fall 2011).

A C P Newsletter

The Association for Child Psychoanalysis, Inc.
Newsletter

ISSN 1077-0355

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7820 Enchanted Hills Boulevard, #A-233
Rio Rancho, NM 87144

e-mail: childanalysis@comcast.net

Address Service Requested

Scenes from Santa Fe, New Mexico, the site of the 2012 Annual Meeting of the ACP: Plan to come to this Meeting!

Clockwise from right: The Plaza, The Inn at Loretto, & the Sangre de Cristo Mountains

